

**MAKE MARCH**

**PURPLE**

**FOR EPILEPSY**

## Key Messages

**Every 33 minutes a life is turned upside down by epilepsy**

**Help turn things around - Make March Purple!**

## What is Make March Purple ?

Each March the world turns purple in support of the 65 million people living with epilepsy. In 2022, Epilepsy Queensland invites you to join us and Make March Purple for Epilepsy!

Make March Purple is an Australia-wide campaign supported by epilepsy organisations across the country and the national peak body – Epilepsy Australia.

Purple Day, held on 26 March is an international day of awareness for people impacted by epilepsy. Join the celebrations along with 130 countries world-wide!

During the month of March, Epilepsy Queensland invites you to get involved. there are so many fun ways to participate to raise awareness and funds in support of the 280 Australians diagnosed with epilepsy each week.

You can choose to host your own event at home, school or work, set yourself a personal challenge OR join our ULTIMATE challenge and climb the Story Bridge as it lights us purple on Friday, 26 March. But that's not all! Find FREE resources and more ways to get involved at: <https://bit.ly/MakeMarchPurple>

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**EPILEPSY**  
*queensland*

**1300 852 853**  
[epilepsyqueensland.com.au](https://epilepsyqueensland.com.au)

# MAKE MARCH PURPLE FOR EPILEPSY

## About Epilepsy

Epilepsy is the most common serious neurological condition in the world.

Epilepsy is a medical condition that affects the brain and causes recurring seizures.

Seizures occur when the brain's nerve cells (neurons) misfire and generate sudden, uncontrolled bursts of electrical activity in the brain.

Signs of a seizure vary depending on where in the brain the electricity occurs

Children under 5 years and adults over 60 years are the most common groups to be diagnosed with epilepsy, however;

Epilepsy can affect ANYONE, at any age or stage of life.

50% of people do not know the cause of their epilepsy

For 70% of people, seizures may be controlled with medication, however;

There is no cure for epilepsy.

## About Epilepsy Queensland

For more than 50 years, we have delivered help and hope to people and families impacted by epilepsy. Each year, we answer nearly 4000 calls to our Epilepsy Helpline and we deliver over 2000 community education sessions. We are the organisation that the 3000 newly diagnosed Queenslanders each year, rely on for understanding, information and support.

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