

## How to host a purple Colour Run

1 in every 200 kids will have their life turned upside down by epilepsy.

Turn your School, Sporting club or Community Organisation purple this March in support and help turn things around.

Create a fun, colourful fundraising event that all of your community can get involved with!

1. Order purple colour powder, there are many online sites e.g. <u>https://holicolourpowder.com.au</u>

2. Create an online fundraising page for your event and encourage participants to donate & share the page, raising funds for epilepsy. <u>https://bit/ly/MakeMarchPurple</u>

3. Run, walk, skip and dance your way through a colourful course.

Add some excitement by adding obstacles such as inflatables, mini hurdles, hula hoops, tunnels, water slides, parachutes, bubbles and foam – whatever you can think of! It doesn't need to be fancy or complicated, just use what you have from the equipment shed and get creative!



Photos courtesy of Epilepsy WA



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